

Ventures News



Volume 1 Issue C

August 2002

BUSY SUMMER FOR CVS

July 31st, my mom and I invited CVS staff and friends to a pool party at my parents home. The whole gang from CVS Day Program came over to our back yard and had delicious coffee, pop, barbecued hot dogs and hamburgers, fruit salad, potato salads, coleslaw, buns and wonderful cakes, cookies and watermelon.

Lots of the gang enjoyed swimming and I had a good day with friends, family and fun.

...*Peter Ilic*

Special thanks to Shirley, Peter and their family for extending their home, pool and delicious spread to us all. The coffee and food were incredible and everyone had a wonderful time.

...*Sean, Faye and Rosemarie*

OUR TRIP TO WHISTLER

Our trip to Whistler was exciting! We took the Greyhound bus to Whistler. The scenery was breathtaking! Once at Whistler, we checked in the Best Western Hotel and unpacked. The next day, we received our welcome caucus, Rights of the Disabled packages and our name tags. I took the "Pride Against Prejudice" course. There, we learned to believe in ourselves! Then I took the "Rights of the Disabled" course. There, we learned to stand up for our rights and to have

self-confidence! I also went to teas, luncheons and the dinner and the dance. Sean took "How to be a Successful Self-Advocate" for himself. And in the Art Program to do art work that expresses people's rights! Lynne too "The Human's Rights" course that taught her about people's rights! We also went to restaurants, shopping and sight seeing! I bought an "Aqua" tape at Shopper's Drug Mart! And a Whistler scenery book as well.

...*Lana Hennessy*

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Special points of interest:

- ⇒ Busy Summer at CVS
- ⇒ Lots of fundraising and community events
- = Health Issues
- ⇒ Lots of Extra Extra
- = Fun page

BREAST CANCER CHECK UP IMPORTANCE...by Pat Howson (Ward)

Just when I thought everything was perfect, along comes the scare of my life! As Joe and I were planning our Commitment Ceremony, I had gone to Royal Columbian Hospital to have a mammogram and an ultra sound to check a lump that has been in my breast for a number of years. I have had my yearly mammogram and had the lump "needle biopsied" a couple of years ago. Now the doctor who checked the ultra sound said the lump needs to come out as it might be cancer. Why does life throw you a curveball just when you think life couldn't be more wonderful?

Well, my friends and staff rallied around me. One friend had a lump removed and showed me hers was fine. My Minister's wife had her breast removed and endured weeks of cancer treatments and was able to share her experience with me. So I plucked up my courage and told the surgeon to do whatever was necessary for my life and health.

When I woke up from surgery and was told that there was no cancer and only the lump was removed, I thanked God and feel grateful as my life would have been forever changed!

So please, all women, please make sure you do your self-examinations or ask your caregiver and doctor. Have your yearly mammograms. The medical system says to do this after 50 years of age, but that is to save money. We should start regular checks after 40 years of age. Check with your family to see if anyone has had breast cancer. Don't put it off or think it can't happen to you! I was lucky!!!

FUNDRAISING/COMMUNITY SUPPORT

FOOD DRIVE...*Jason Tibayan*

Can you spare some canned or dry packaged food for our Christmas in July Food Drive. We are going to make this event last as long as the food keeps coming in. The first part of the drive was successful.

CVS is having a food drive for children and people who don't have enough to eat. Please bring food to the trunk at the front desk when you can.



Everyone deserves food in their bellies at least once per day.

GARAGE SALE...*Peter Ilic*

On Saturday, June 15, 2002 CVS held it's annual garage sale. I loved getting my cards read. I helped sell my mom's baked goods. At lunch we all enjoyed the hot dog's Phil grilled.

Alyssa and Aubrey helped with the 50/50 draw. I had a good time.

We sold about \$800

and will be donating half to a local Coquitlam charity.

Special thanks to Kelly, Glen and Linda Miller, Michelle and Kelly Schiffers and their niece Aubrey, Peter and Shirley (mom) Ilic, Rosemarie and Alyssa Mailloux (daughter), Della and Phil (who took time from his birthday celebrations) for all their help. Also, thanks to Mike, Lisa Bourget, Conor, Kelly Forbes and Edith.

Huge thanks to Della Routley who spent extra hours picking up donations from all over the lower mainland.

COMMUNITY GARDENS...*Faye Headridge*

I work really hard at the community garden. I sweep and help water the plants. Our garden is growing really well. Our lettuce is ready to pick. We used some of the lettuce for our lunch program and gave some to the food bank.

If you would like to help, the garden is located at the end of Ebert which is one block from North Road.



The veggies that are being grown at the Community Gardens are as follows:

- Beets
- Carrots
- Lettuce
- Zucchini
- Radishes
- Cucumber
- Sunflowers

Some Mystery Veggies.

ATTENTION: ACTORS/ACTRESSES...*Faye Headridge/Rosemarie Mailloux*

Every Monday, a group (CVS, CISS and RMSS) get together to practice a play. It is called Snow White and the Several Dwarfs.

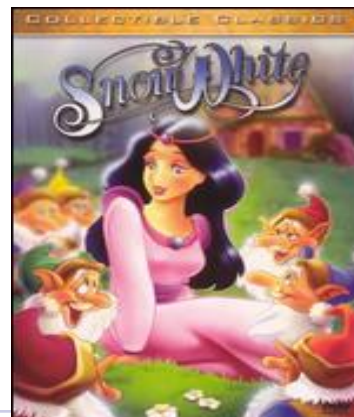
We sing songs like "Heigh Ho" and act.

Practice is at Archbishop Carney School on Mondays from 12:45pm until 2:00pm. Lunch can happen in the cafeteria from 12:00pm until 12:45pm.

Archbishop Carney School is located at 1335 Dominion across the street from Art Knapps.

In September we will start practicing Christmas songs for our December production.

If you'd like to sing or help with props, call Rosemarie at CVS (604-939-8070) or Nicki at CISS (604-931-4554).



IT'S TRADING TIME...by Sean Craig/Jason Tibayan



The NHL free agents are heating up. Tony Amonte signed with Phoenix Coyotes. He was in Chicago Blackhawks last season. Jason likes Robert Lang who signed with Washington Capitals. He was with Pittsburgh Penguins last season. Jason and I both like Ed Belfour as top goal tender. Jason also like Curtis Joseph who signed with Detroit Red Wings. Good luck to all the free trades!!!

At the beginning of summer they worked on the contract for the NHL New Players with the new teams and then we have training camp inspection and they will do something special. Hockey season starts in October.

EXTRA, EXTRA

THE MINISTER CAME A CALLIN'...Faye Headridge

On Monday, July 8, 2002 I met the minister of Family and Children, Gordon Hogg. He was nice and he was dressed in a suit and tie and coat. He gave me a handshake and asked me about my work. I said I like working here. I thought he was a nice man.

NEW COMPANION...Lana Hennessy

Cathy Evenson has a new companion and helper. She is a black female dog. Her name is Prue. Cathy got Prue in May. She is a young dog. She spends a lot of time beside Cathy's wheelchair. Prue picks up books, spoons and other things as well as being an extraordinary helper to Cathy. She goes for a walk or run beside Cathy's wheelchair for her exercise. She is an excellent companion to Cathy. Cathy's days are more jubilant and happier now that she has Prue! Ever since she got Prue in May, her life has been better. Cathy tends to her dog's hygienic and nutritional needs as well as being a friend to her! CVS would like to congratulate Cathy on her new companion and the same to Prue for her new companion.

PEANUTS, POPCORN...HOTDOG DAY...by Faye Headridge

On July 26, 2002, Steven and Kelley Miller had a hotdog day for everybody. Lots of people bought hotdogs, pop and pop-sicles. After lunch, we had birthday cake for Lana's birthday.

I had fun and it was nice seeing everyone.

CINDY'S CORNER...by Cindy Monssen

Well, I'm back again readers. To start out with this time, I've got news for you from Sue and MaryAnne's house. Linda Worden, who works at their house is going on vacation with her husband. They left on July 22 for the interior of BC and are coming back in three weeks. And WOW, what a way to travel!!! They are going by motorcycle, what fun. MaryAnne is going on holidays too. She is going on a cruise to Alaska from August 9th to the 16th. Another great summer holiday coming up! Also coming up, Susie is getting a new tracking system at the beginning of August. This system will help her with her transfers. Finally, Sue and MaryAnne got a new dog named Bear and he is a puppy. Here at Guildford Glen, we found out that Ray Marson also got a new dog as his last dog passed away. The dog's name is Teddy, so now we have a Teddy and a Bear. Pretty good, isn't it. Also, Ray's daughter, Merri-ssa, had her first birthday on July 1st. The last bit of news from Guildford Glen is that I'm going on vacation too. I'm flying to Las Vegas in early September and boy am I ever excited about going! That's it for now readers, I'll be back next time.

BOOK OF THE MONTH...by Rochelle Paquin

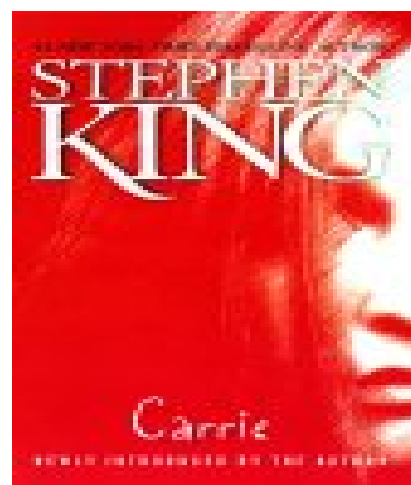
Rochelle's book of the month is "Carrie", by Steven King.

It's about a teenage girl with telekinetic powers. Her mother is a strict religious zealot.

In the story, Carrie is mistreated by her fellow classmates. On prom night, her classmates play a cruel joke on her, which ends in disaster.

The story keeps you interested and wondering what will happen to each classmate. Enjoy!!!

If you wish to know more about this book or wish to write a review of another book, please feel free to contact Rochelle for more information or assistance.



Community Ventures Society Fun Page

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A day in a life...

We're on the web! Check
us out at www.community-ventures.net



J A B R V T B A C K T O S C H O O L Y R
A Z B G F T R E A T S F J Y K N G K E D
C G C F I R E W O R K S V B G S Z M Z E
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C H R S T E S Y F E F L U R R I E S H S
S T H R D J C O L O U R E D L E A V E S

BATHTOWEL	DARK	PARTY	TENT
BEACH	FLOWER	RAIN	TORNADO
BEAR	FOREST	SAFETY	TOURIST
CAMP	GROUPS	SHOWERS	TROUT
CAMP-	HIKING	STORM	WATER
GROUND	LIGHTENING	SUNRISE	WEATHER
CAR	MOSQUITO	SUNSHINE	
COFFEE	NATURE	TEA	

FUNNY SECTION...(THIS CAN BE FOUND ON INTERNET)

A man was having trouble getting his neighbor to keep his chickens fenced in. The neighbor kept talking about chickens being great creatures, and as such they had the right to go where they wanted.

The man was having no luck keeping the chickens out of his flowerbeds, and he had tried everything. Two weeks later, on a visit a friend noticed his flowerbeds were doing great. The flowers were beginning to bloom.

So the friend asked him how he managed to keep the birds away. "How did you make your neighbor keep his hens in his own yard?"

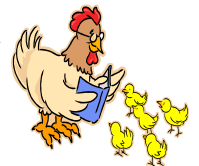
"One night I hid half a dozen eggs under a bush by my flower bed, and the next day I let my neighbor see me gather them. I wasn't bothered after that."

Received from Allan Bitterman via Good Clean Funnies

This 85 year old couple, having been married almost 60 years, had died in a car crash. They had been in good health the last ten years mainly due to her interest in health food, and exercise. When they reached the pearly gates, St. Peter took them to their mansion which was decked out with a beautiful kitchen and master bath suite and Jacuzzi. As they "oohed and aahed" the old man asked Peter how much all this was going to cost. "It's free," Peter replied, "this is Heaven." Next they went out back to survey the championship golf course that the home backed up to. They would have golfing privileges everyday and each week the course changed to a new one representing the great golf courses on earth. The old man asked, "what are the green fees?" Peter's reply, "This is heaven, you play for free." Next they went to the club house and saw the lavish buffet lunch with the cuisine's of the world laid out.

"How much to eat?" asked the old man. "Don't you understand yet? This is heaven, it is free!" Peter replied with some exasperation. "Well, where are the low fat and low cholesterol tables?" the old man asked timidly. Peter lectured, "That's the best part...you can eat as much as you like of whatever you like and you never get fat and you never get sick. This is Heaven."

With that the old man went into a fit of anger, throwing down his hat and stomping on it, and shrieking wildly. Peter and his wife both tried to calm him down, asking him what was wrong. The old man looked at his wife and said, "This is all your fault. If it weren't for your bran muffins, I could have been here ten years ago!"



*Found on
www.ComfortCooking*