



# VENTURES NEWS

Community Ventures Society

Volume 3 Issue A

## ROCHELLE'S CLIMB UP MOUNT KILIMANJARO

By Yaulanda Hennessy

Rochelle said she really enjoyed the climb up Mount Kilimanjaro, but added it was really hard work. The food wasn't very different from what we eat here.

The scenery was amazing! There were lush flowers and plants. But as they got higher up it got more barren. There was no snow on the mountain but there were beautiful glaciers. The safari was interesting. They saw a lot of animals including tow lions, adult and baby elephants too, ostriches, zebras, different types of birds and species of animals as well! She said a baboon got into one couples' bedroom. They were totally horrified to find a baboon in their bedroom! There was a swimming pool at the hotel so they got to go swimming! Steven got pushed into the water by one of the other hikers! Rochelle said they got to visit a Massai village and she bought a beaded belt there. The Massai wore blanket clothes. The villagers gave her a new hair style. They braided her hair with mauve wool and put on beads. All in all Steven and Rochelle had a wonderful trip to Mount Kilimanjaro and give thanks to everyone who supported them on their journey.



*Everyone at CVS would like to express how proud we are of both Rochelle and Steven for their amazing journey up Mount Kilimanjaro. Your dedication and determination is what got you to the top.*



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# Cindy's Corner

Hi from the Surrey side.

Jenny Taylor went to her sisters for a vacation the third week of March. She took some of the bookmarks I make and came back with some cash for me. Today she picked up a few more to take with her to the mall where she is getting orders for more. She is a great seller for me! Her holiday was fun.

Mary Anne Cooper, Linda Johnston and Linda Warden went to Las Vegas in September. They went for a week and I hear they had a good time. Mary Anne was in the hospital to have her gallbladder removed. She was in for quite awhile but is back home now. Sue and Mary Anne's roommate had a baby girl on February 27th.

Ray Marson came into work with some good news. Ray is going to be busy as there is going to be another baby born into his family. The birth is supposed to happen at the end of March or the beginning of April. Fiona had her birthday in February and Jack just finished his on March 9th. We had parties for both of them. I started a new volunteer job at Kinsmen Place Lodge. I help the elderly to go to sing-a-long. I have been shopping for a couple of weeks getting my new things for spring. Fiona, Susie, Mary Anne, me and our staff took a day trip to Abbotsford to a place called Strung Out on Beads. I am glad I bought beads because I have people who buy bracelets and bookmarks from me.

Well that's it for now and talk to you the next time. Hope everyone has a great spring!!!

## Birthdays

by Faye Headridge and Robyn Mitchell

I like February because I like my birthday. This year, my friend Robyn and I had a birthday and had lunch at Pizza Hut. We both liked the pizza. We liked having lots of people come to our birthday party.

Another friend Chris P. also had a birthday in February.

Belated birthday wishes to Richard P. who enjoyed his party in January. Hope it was great.

And birthday wishes to Natasha, Fiona, and Joanne L. who have their birthday in March.

Happy Birthday to you all!



## Olympic Summary by Sean Craig

We are happy that Canada won many medals standing at the Olympics with 7 gold, 10 Silver, 7 Bronze. A total of 24 medals, we came in 3rd place. We really enjoyed the closing Ceremonies. It's over and see you all again in 2010 in Vancouver and Good Luck

## *The Mount Kilimanjaro Fundraiser by Yauland Hennessy*

*The most exciting thing Community Ventures Society has been involved in so far is the climb up Mount Kilimanjaro. This is a fundraising event to help raise money to help people with disabilities. This is a project that was similar to the one Rick Hansen did. This project is also to raise awareness of the things people with disabilities can do. This fantastic project will also see that people with disabilities may have a disability—but they also have many abilities each of them special and unique in their own way.*

## Word Find

• *By Melanie Murray*

A D A Y L I G H T S A V I N G S A S D F G H J  
P R T Y U I T Y U N A U G N I L W O B O W L I  
R A W N N I A E R I C V G J K Y T Y S N O W Y  
I A S E S J A N U A R Y J A N R T R U A S D G  
L F G W R G J I L R H G V F Y R D F N S R H O  
G R H Y A N E S T R I O P R D Y E R N V I O A  
W E F E Y I T M O L M H T I A R W E Y A R K L  
A S V A B N T R I U Y T H C R A M C L L E E S  
S D R R D E R O E I I O U A Y U R E W E Q W E  
V V E S S D D T F E E E A W E R G Y J N K U T  
H Y T D H R R S Y A D H T R I B I I K T K U T  
J Y S A A A W E R G H J U K L E I J U I H G I  
B V A Y V G N I R P S N M M N F B H J N Y Y N  
A S E S F L O W E R S G E W E D R T Y E Y U G  
G F R T Y H U G T Y A D S K C I R T A P T S Q

- |             |                    |                   |               |                  |
|-------------|--------------------|-------------------|---------------|------------------|
| 1. January  | 6. Easter          | 11. Storms        | 15. Valentine | 19. Africa       |
| 2. February | 7. St Patricks Day | 12. Daylight      | 16. Flowers   | 20. Goal Setting |
| 3. March    | 8. Sunny           | Savings           |               |                  |
| 4. April    | 9. Rain            | 13. New Years Day | 17. Bowling   |                  |

Want to be part of this exciting newsletter? We are always looking for people with stories and ideas, just talk to Linda King.

## INFORMATION ON ASPERGERS by Peter Ilics

I have been asked to write an article on Aspergers Syndrome for those who don't know Asperger's is a high functioning autism, it is caused by a chemical imbalance in the brain. Asperger's is a very mild form of autism, some of the symptoms of aspergers are:

1. communication issues, some people with autism are non-verbal but people with aspergers they are usually very verbal and very articulate and very communicative.
2. People with Aspergers' usually have anxiety disorders
3. They may feel very confused and be sensitive to noise, or sensory stimulation. There are many people who have

# Rochelle and Steven's Amazing African Adventure

## Part 1...By Steven Braak

From the Hotel in Arusha we drove for just over three hours. The people and the sights were absolutely beautiful. We passed many villages, the further we traveled the smaller they appeared to get. As we approached the entrance to the mountain, and the road became less apparent. The villagers seemed very welcoming, waving at each passing jeep. At last we arrive at



the beginning. The wait is long as everyone had to be registered. We got a chance to see how the operation was going to happen. The porters, who we later learned have , tickets which indicate their experience and thus determined the amount they were to carry. Each bag is weighed and distributed to the right porter and it was loaded back onto a jeep. We too got back into the jeeps and drove thru the gates the other way? it was ok. We were beginning our journey at another starting point. Just a short drive and the road ended and we began. The guides and porters were already busy setting up a long

table, covered with Berg adventure table clothes and even some bright silk flowers, nice touch.... Another neat touch was that the guides already knew us by name. After a nice lunch we were told we'd be hiking for about 3 hours, which meant we'd arrive at camp just as it was getting dark, eek. The hike was thru the forest, lots of vines and monkeys, just like in the Tarzan movies. Just over three hours we did get to the first camp site, it was beautiful, the sun had set so darkness had covered daylight but we could still see the cluster of 20 some yellow tents, it was quite a welcoming site. DAY ONE DONE. Well we ate a wonderful meal and then hit the sleeping bags. The second day began at 6:30, in the morning! Coffee/Tea and cookies were brought to the tent and then we packed and ate a hearty breakfast. Off we went. Long day, up/down break for a drink of h2o and lunch then up/down again.....until 4pm when we came around a corner and there it was in all its glory. Kili-



manjaro, just as beautiful as any picture had shown us and awaiting our arrival. It was truly

wonderful as a rainbow appeared and seemed to be coming from our next camp which appeared shortly after. Again the tents were up and this time we put our bandana's on them as a few folks got lost in the evening the night before. It was not a big help for Rochelle and myself as she managed to find her way to food but not to bed. It got pretty cold, very quickly now that we were close to 11000 feet. We needed down jackets and gloves and toques. Day TWO Done.....



***This amazing adventure will be continued in our next issue of Ventures Voices. Be on the look out for it in July 2006.***